For birds to fly, first, they must have wings powerful enough to generate what's called lift and thrust. To that end. birds have a special bone named semilunate carpal which makes it possible for them to even flap their wings. Without their four chambered hearts, creating a tireless blood supply, their wings would get too exhausted while they are in the sky. Luckily, hollow bones help too. I think we all can agree that birds are just built to fly? Have you ever wondered what we humans possess which makes it possible for us to love. Is there a tendon of inclination or a nerve of resolve connecting us to our ability to surpass desire and lust? We might be built for love in certain ways like birds are built for flight, and yet we get exhausted flapping our wings and when we can't get off the ground we blame ourselves instead of our thick bones and inferior hearts.